

Part 2: Multiple Choice

Choose the best answer for each question:

- 1. Why is it important to avoid wasting food?
 - a) To save money and help the environment
 - b) To make more trash
 - c) To use more energy and resources
- 2. What can you do with food scraps?
 - a) Throw them in the trash
 - b) Compost them into healthy soil
 - c) Leave them on the ground
- 3. What does planning meals help you do?
 - a) Buy only what you need
 - b) Waste more food
 - c) Take more food than you can eat
- 4. Which of these is an example of a bad habit?
 - a) Saving leftovers in the fridge



- b) Buying more food than you need
- c) Sharing extra food with neighbors

Part 3: True or False

Write **True** or **False** next to each statement:

- 1. Saving food can help reduce waste.
- 2. Composting food scraps is bad for the planet.
- 3. You can donate extra food to those in need.
- Wasting food saves resources like water and energy.
- 5. Planning meals can help avoid throwing away food.

Part 4: Write Your Thoughts

Answer the following questions in 2-3 sentences:

- 1. How does wasting food affect the environment?
- 2. What are three things you can do to reduce food waste at home?
- 3. Why is sharing extra food a good idea for reducing waste?

Part 5: Fun Drawing Activity

Illustrate Your Idea:

Draw a picture of how you can stop food waste in your home. For example, you can draw a fridge storing leftovers, a compost bin, or a family planning meals together. Add labels like "Save Food," "Share with Others," or "Compost for Plants."

Part 6: Solve the Puzzle



Here's a tricky riddle to solve: I am food that was not eaten but was saved for later. I can go into a box or fridge. Who am I?
Answer:
Part 7: Word Search Challenge
Find these advanced words hidden in the grid below:
Words to Find:
 Landfills Resources Compost Leftovers Planning
Grid: LANDFILLS RESOURCES COMPOSTIN PLANNINGR
Part 8: My Promise
Write your personal pledge: "I will help reduce food waste by"
Bonus Challenge:
Question: If 100 people waste 1 plate of food every day, how much food is wasted in 1 week? Answer:

Let me know if you'd like to refine this or add other fun sections! 😊



—BE CHAMPION—