

Grade 4 EVS Worksheet 1 : Food From the Farm to the Table (Intermediate Level)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Complete the sentences with the correct word from the list.

Words: food, farm, fresh, local, harvest

1. _____ food comes from nearby farms and is usually fresher.
 2. A _____ is where crops like vegetables, fruits, and grains are grown.
 3. The process of picking crops when they are ripe is called _____.
 4. We eat _____ to provide energy and nutrients for our body.
 5. The _____ is the place where food is served and eaten.
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Part 2: Multiple Choice Questions

Circle the correct answer.

1. What is the first step in the "Farm to Table" process?
 - a) Food is harvested
 - b) Food is sold at the market
 - c) Food is grown on the farm
2. Why is it important to eat local food?
 - a) It supports local farmers and is often fresher
 - b) It is cheaper than food from other countries
 - c) It can be stored for a longer time
3. What does a farmer do?
 - a) Sells food at the market

- b) Grows food on the farm
 - c) Cooks food in a restaurant
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Part 3: True or False

Write **True** or **False** next to each statement.

1. A farmer grows food and sells it at the market. _____
 2. Local food is grown far away and shipped to the store. _____
 3. Harvest is the process of collecting crops when they are ready. _____
 4. The table is where we buy food. _____
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Part 4: Short Answer Questions

1. Describe how food gets from the farm to your table.

2. What are two reasons why it is good to eat food that is grown locally?

Part 5: Sequence the Steps

Put the following steps in the correct order by numbering them from 1 to 5.

- _____ Food is harvested from the farm.
 - _____ Food is grown on the farm.
 - _____ Food is transported to the market.
 - _____ Food is sold at the market.
 - _____ Food is eaten at the table.
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Part 6: Vocabulary

Define the following words:

1. **Farm:**

2. **Market:**

3. **Harvest:**

4. **Farmer:**

Part 7: Short Paragraph

Write a short paragraph about why local food is better for the environment than food that is transported over long distances.

--BE THE CHAMPION!--