

Grade 4 EVS Worksheet 2 : Food From the Farm to the Table (Advanced Level)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Fill in the blanks with the correct words from the list below.

Words: ecosystem, transportation, seasonal, organic, sustainable

1. _____ farming avoids the use of harmful chemicals and focuses on maintaining healthy soil.
 2. Eating food that is grown _____ means eating foods that are available during the time of year they naturally grow.
 3. Foods that are grown without synthetic pesticides are known as _____ foods.
 4. _____ refers to the system of living organisms in an area and their environment, including plants, animals, and microbes.
 5. Long-distance _____ of food contributes to higher carbon emissions and environmental pollution.
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Part 2: Multiple Choice Questions

Circle the correct answer.

1. What is the main benefit of eating food grown **locally**?
 - a) It is cheaper than imported food
 - b) It helps support local farmers and reduces pollution from transportation
 - c) It takes less time to cook
2. Which of the following describes **sustainable farming**?

- a) Using chemicals to grow as much food as possible in a short amount of time
 - b) Growing food in a way that conserves resources and protects the environment for future generations
 - c) Growing food only in the winter
3. Why is it important to eat **seasonal foods**?
- a) They are always available, no matter the season
 - b) They are fresher, more nutritious, and cost-effective
 - c) They require less water to grow
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Part 3: True or False

Write **True** or **False** next to each statement.

1. Eating food grown locally reduces the need for long-distance transportation, which helps the environment. _____
 2. Seasonal foods are available all year round. _____
 3. **Sustainable farming** practices focus on using large amounts of synthetic fertilizers and pesticides. _____
 4. Organic food is grown without using chemical pesticides or fertilizers. _____
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Part 4: Short Answer Questions

1. What are the environmental benefits of eating local food?

 2. How does **sustainable farming** differ from industrial farming?

 3. Why is it important to eat **seasonally** rather than buying food from all over the world?

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Part 5: Sequencing Activity

Put the following steps in the correct order from **1** to **5**.

- _____ The food is harvested on the farm.
 - _____ The food is transported to the market.
 - _____ The food is grown on the farm.
 - _____ The food is eaten at the table.
 - _____ The food is sold at the market.
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Part 6: Vocabulary Matching

Match the words with their correct descriptions.

A	B
1. Sustainable farming	a. Growing food using natural methods and no chemicals.
2. Ecosystem	b. The process of moving food from one place to another.
3. Transportation	c. A balanced environment where plants, animals, and nature work together.
4. Seasonal foods	d. Foods that are grown at specific times of the year.
5. Organic	e. Farming that preserves the environment and uses natural resources responsibly.

Part 7: Short Essay

Imagine that you are a farmer who grows **local** and **seasonal** crops. Write a letter to your community explaining why eating local food benefits both people and the environment.

--BE THE CHAMPION!--

