

Grade 4 EVS Worksheet 2 : Food From the Farm to the Table (Intermediate Level)

Name	:		
Date:			

Part 1: Fill in the Blanks

Complete the sentences using the words from the list below:

Words: local, farm, harvest, food, market

- 1. The ______ is where crops like fruits, vegetables, and grains are grown.
- After crops are ready to be picked, farmers begin the _____.
- 3. _____ food is grown nearby and usually fresher.
- 4. Farmers take their crops to the _____ to sell them.
- 5. We eat ______ to give our body energy and nutrients.

Part 2: Multiple Choice Questions

Circle the correct answer.

- 1. What happens first in the "Farm to Table" process?
 - a) Food is eaten at the table
 - b) Food is harvested from the farm
 - c) Food is sold at the market
- 2. Why is it good to buy food from local farmers?
 - a) It is cheaper than food from other places
 - b) It supports the local economy and is fresher
 - c) It lasts longer than food from other countries
- 3. Which of the following is the main job of a farmer?
 - a) To grow food on the farm
 - b) To cook food in the kitchen
 - c) To sell food at the market

Part 3: True or False

Write True or False next to each statement.

- 1. Food is grown on a farm and then sold at the market.
- 2. Harvesting means cooking the food after it's grown.
- 3. Local food is grown far away and shipped to stores.
- 4. The table is where we eat the food after it is prepared.

Part 4: Short Answer Questions

- 1. How does food get from the farm to your table?
- 2. Why is it better to eat food that is grown close to where you live?

Part 5: Sequence the Steps

Number the following steps in the correct order from 1 to 5.

- _____ Food is harvested from the farm.
- _____ Food is eaten at the table.
- _____ Food is sold at the market.
- _____ Food is grown on the farm.
- _____ Food is transported to the market.

Part 6: Word Bank Activity

Use the word bank to fill in the blanks. Write the correct word in each space.

Words: farmer, market, harvest, fresh, food

1. The ______ works on the farm to grow crops.

- 2. The _____ is where food is sold.
- 3. _____ food is healthy and picked recently.
- 4. The ______ is when crops are gathered after they are fully grown.
 5. We eat ______ to stay healthy and strong.

Part 7: Short Paragraph

Write a short paragraph explaining why local food is better for both the environment and your health.

> --BE THE CHAMPION!--