

Grade 4 EVS Worksheet 3 : Food From the Farm to the Table (Advanced Level)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Complete the sentences using the words from the list below.

Words: nutrients, ecosystem, organic, harvest, local

1. _____ food is grown without the use of synthetic chemicals or fertilizers.
 2. The process of collecting crops when they are ready is called _____.
 3. _____ farming practices focus on growing food in a way that protects the environment.
 4. Eating food full of important vitamins and minerals gives us the right _____.
 5. _____ food is grown near where you live and sold at local markets.
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Part 2: Multiple Choice Questions

Circle the correct answer.

1. Which of the following is a benefit of eating **organic food**?
 - a) It is grown using pesticides.
 - b) It is healthier because it does not contain harmful chemicals.
 - c) It is more expensive but lasts longer.
2. **Sustainable farming** helps to:
 - a) Harm the environment.
 - b) Protect the environment while producing food.
 - c) Increase crop yields quickly by using chemicals.
3. What is the main reason to eat **seasonal foods**?
 - a) They are fresher, tastier, and less expensive.

- b) They are available throughout the year.
 - c) They are always available in supermarkets.
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Part 3: True or False

Write **True** or **False** next to each statement.

1. **Sustainable farming** uses natural resources in a way that they can be replenished. _____
 2. **Organic food** is grown using artificial fertilizers and chemicals. _____
 3. Eating **local food** supports local farmers and reduces transportation costs. _____
 4. **Seasonal foods** are those that grow naturally during certain times of the year. _____
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Part 4: Short Answer Questions

1. How does **eating local food** help the environment?

2. Why is **sustainable farming** important for future generations?

3. What are the health benefits of eating **seasonal food**?

Part 5: Sequence the Steps

Put the following steps in the correct order from **1** to **5**.

- _____ Food is grown on the farm.
- _____ Food is harvested when it is ripe.
- _____ Food is sold at the market.
- _____ Food is transported to stores.
- _____ Food is eaten at the table.

Part 6: Vocabulary Matching

Match each word with its correct description.

- | A | B |
|-------------------------------|--|
| 1. Sustainable farming | a. The process of collecting crops when they are ready. |
| 2. Ecosystem | b. Food grown without synthetic chemicals or pesticides. |
| 3. Harvest | c. A system where living organisms interact with each other and their environment. |
| 4. Local food | d. Farming that focuses on protecting the environment and ensuring food production for future generations. |
| 5. Organic food | e. Food grown close to where it is consumed. |
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Part 7: Short Essay

Write a short essay explaining why **sustainable farming** is important for the environment.

--BE THE CHAMPION!--