

Grade 4 EVS Worksheet: Food and Its Sources (Difficulty Level: Intermediate)

Name: _____

Date: _____

1. Fill in the blanks with the correct words.

Words to choose from: meat, grains, dairy, vegetables, fruits, plants

1. _____ are foods that come from animals, like milk and cheese.
 2. _____ foods come from plants and include things like carrots, potatoes, and spinach.
 3. _____ are foods like rice and corn that come from plants.
 4. _____ are sweet, healthy foods like apples, oranges, and bananas.
 5. _____ are foods like chicken and fish that come from animals.
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2. Write whether the following foods come from Plants or Animals.

Write "Plant" or "Animal" next to the food item.

1. Milk _____
 2. Wheat _____
 3. Egg _____
 4. Carrot _____
 5. Beef _____
 6. Banana _____
 7. Fish _____
 8. Spinach _____
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3. Multiple Choice Questions

1. Which of these foods comes from a plant?
 - a) Milk
 - b) Egg
 - c) Wheat

2. Which of these foods comes from an animal?
 - a) Rice
 - b) Apple
 - c) Chicken
 3. What do we get from cows?
 - a) Chicken
 - b) Milk
 - c) Wheat
 4. Which of these is a fruit?
 - a) Carrot
 - b) Lettuce
 - c) Apple
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4. Short Answer Questions

1. Where do we get vegetables from?
 2. What is the source of fish?
 3. Name two examples of grains.
 4. Why are fruits healthy for us?
 5. Where does rice come from?
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5. Food Sorting

Sort the following foods into **Animal Products** and **Plant Products**:

- Chicken, Apple, Milk, Egg, Rice, Banana, Cheese, Carrot

Animal Products	Plant Products

--BE THE CHAMPION!--