

## Grade 4 EVS Worksheet: Food in India (Difficulty Level: Advanced)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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### Section 1: Multiple Choice Questions (MCQs)

- 1. Which spice is called the "King of Spices"?**
    - a) Turmeric
    - b) Black Pepper
    - c) Cumin
    - d) Cardamom
  - 2. What is turmeric mainly used for in Indian cooking?**
    - a) Sweet dishes
    - b) Flavoring tea
    - c) Adding color and health benefits
    - d) Thickening soups
  - 3. Which spice is often used in Indian chai (tea)?**
    - a) Clove
    - b) Star Anise
    - c) Cinnamon
    - d) All of the above
  - 4. What is the Hindi name for coriander seeds?**
    - a) Jeera
    - b) Haldi
    - c) Dhania
    - d) Saunf
  - 5. What is asafoetida commonly called in Indian households?**
    - a) Hing
    - b) Ajwain
    - c) Kali Mirch
    - d) Methi
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### Section 2: Fill in the Blanks

1. \_\_\_\_\_ is known as the "Golden Spice" of India.

2. Cumin seeds are also called \_\_\_\_\_ in Hindi.
  3. Garam masala is a mix of \_\_\_\_\_ spices used in Indian dishes.
  4. Curry leaves are an important part of \_\_\_\_\_ Indian cooking.
  5. Red chili powder adds \_\_\_\_\_ to Indian dishes.
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### Section 3: True or False

1. **Indian spices are only used for taste and not for health benefits.**  
\_\_\_\_\_
  2. **Cardamom is a sweet spice often used in desserts and tea.**  
\_\_\_\_\_
  3. **Black pepper was once called "black gold" because it was so valuable.**  
\_\_\_\_\_
  4. **Cloves are dried flower buds.**  
\_\_\_\_\_
  5. **Fenugreek leaves are used in desserts.**  
\_\_\_\_\_
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### Section 4: Match the Following

Column A	Column B
1. Idli	A. Gujarat
2. Jalebi	B. Punjab
3. Dhokla	C. Rajasthan
4. Dal Baati	D. South India
5. Butter Chicken	E. North India

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### Section 5: Short Answer Questions

1. Why is Indian food known for its variety? Mention two reasons with examples.
2. What is the importance of spices in Indian cooking? Name two commonly used spices and their roles.

3. Describe the difference between North Indian and South Indian cuisines. Provide at least one example of a dish from each.
  4. How do festivals influence the food prepared in India? Give one example of a festival and its special dish.
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### **Section 6: Answer the Following**

1. Why do you think Indian food uses so many spices? Write two benefits of spices in cooking.
  2. Which spice do you think is the most important in Indian cooking? Why?
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**--BE THE CHAMPION!--**