

## Grade 4 EVS Worksheet: Food in India (Difficulty Level: Advanced)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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### Section 1: Multiple Choice Questions (MCQs)

- 1. Which dish is commonly prepared during Diwali?**
    - a) Samosa
    - b) Gulab Jamun
    - c) Pongal
    - d) Idli
  - 2. Which festival is associated with the dish Pongal?**
    - a) Holi
    - b) Onam
    - c) Makar Sankranti
    - d) Eid
  - 3. Which Indian festival features the dish 'gujiya'?**
    - a) Diwali
    - b) Raksha Bandhan
    - c) Holi
    - d) Christmas
  - 4. What type of food is most often prepared during Navratri?**
    - a) Spicy snacks
    - b) Sweets only
    - c) Simple vegetarian food without onion and garlic
    - d) Street food
  - 5. Which festival is celebrated with a feast called 'Onam Sadhya'?**
    - a) Diwali
    - b) Onam
    - c) Baisakhi
    - d) Christmas
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### Section 2: Fill in the Blanks

1. During Eid, the popular sweet dish \_\_\_\_\_ is prepared.

2. \_\_\_\_\_ is a South Indian festival where rice-based dishes are commonly made.
  3. In Punjab, \_\_\_\_\_ is celebrated with a feast of Makki di Roti and Sarson da Saag.
  4. \_\_\_\_\_ is a type of fried dumpling prepared during Holi.
  5. On Raksha Bandhan, brothers often give sweets like \_\_\_\_\_ to their sisters.
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### Section 3: True and False

1. **Indian sweets are only eaten during festivals.**  
\_\_\_\_\_
  2. **In South India, rice is a staple food for most meals.**  
\_\_\_\_\_
  3. **Makki di Roti and Sarson da Saag is a popular dish from Gujarat.**  
\_\_\_\_\_
  4. **Pongal is a festival as well as a dish.**  
\_\_\_\_\_
  5. **Chaat is a popular Indian street food made with spicy and tangy flavors.**  
\_\_\_\_\_
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### Section 4: Match the Following

Column A	Column B
1. Pongal	A. West Bengal
2. Gulab Jamun	B. South India
3. Sarson da Saag and Makki di Roti	C. Maharashtra
4. Mishti Doi	D. Punjab
5. Vada Pav	E. North India

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### Section 5: Short Answer Questions

1. What makes street food popular in India? Name two famous street foods and their regions.

2. What is a 'thali'? Why is it considered a balanced meal?
  3. Explain why rice is more commonly eaten in South India, while wheat is a staple in North India.
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### **Section 6: Answer the Following**

1. Choose one Indian festival and explain how food is an important part of its celebration.
  2. Why do you think food changes based on the festival? Give examples of dishes and the seasons they are prepared in.
  3. If you were to invent a festival dish, what would it be and why? Write a short description of the dish.
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**--BE THE CHAMPION!--**