

Grade 4 EVS Worksheet: Food in India (Difficulty Level: Advanced)

Name: _____

Date: _____

Section 1: Multiple Choice Questions (MCQs)

- 1. Which Indian dish is made by steaming fermented rice and lentil batter?**
 - a) Samosa
 - b) Idli
 - c) Jalebi
 - d) Pakora
 - 2. Which state is famous for its dish called 'Makki di Roti and Sarson da Saag'?**
 - a) Gujarat
 - b) Punjab
 - c) Tamil Nadu
 - d) Maharashtra
 - 3. What is 'kheer' commonly made of?**
 - a) Wheat and jaggery
 - b) Rice, milk, and sugar
 - c) Coconut and gram flour
 - d) Vegetables and spices
 - 4. Which is a street food widely popular across India?**
 - a) Momos
 - b) Pav Bhaji
 - c) Biryani
 - d) Pani Puri
 - 5. What is the main ingredient in 'chutney'?**
 - a) Milk
 - b) Fresh fruits, herbs, or spices
 - c) Wheat
 - d) Oil
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Section 2: Fill in the Blanks

1. The traditional food of Gujarat, _____, is light and healthy.
 2. _____ is a yogurt-based drink flavored with spices or fruits.
 3. _____ is an Indian dessert made with grated carrots, milk, and sugar.
 4. In Indian cuisine, curry leaves are often used to flavor _____.
 5. A popular breakfast dish in Tamil Nadu is _____.
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Section 3: True or False

1. **India's food habits change based on the climate of each region.**

 2. **Paneer is made from fermented wheat.**

 3. **Roti and naan are the same type of bread.**

 4. **Sweets are an important part of every Indian festival.**

 5. **Chaat is a popular Indian dessert.**

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Section 4: Match the Column

Column A	Column B
1. Dhokla	A. Punjab
2. Sambar	B. South India
3. Butter Chicken	C. Gujarat
4. Biryani	D. Hyderabad
5. Chhole Bhature	E. North India

Section 5: Short Answer

1. Why are regional ingredients important in Indian cooking? Give two examples of how local crops influence traditional dishes.
2. What is a food habit that shows India's respect for nature or tradition?

3. Name one dish from each meal: breakfast, lunch, and dinner. Explain why they are commonly eaten at that time of the day.
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Section 6: Answer the Following

1. Why do you think food plays an important role in Indian festivals? Provide two reasons with examples of festival-specific dishes.
 2. Name a festival celebrated in India and describe the traditional food served during this festival. What makes this food special?
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--BE THE CHAMPION!--