

Grade 4 EVS Worksheet: Food in India (Difficulty Level: Easy) Name:		
Date:	·	
1. M u	ultiple Choice Questions (MCQs):	
1.	What is the main ingredient of "Pani Puri"? a) Rice b) Potato c) Wheat	
2.	d) Semolina Which of these is a popular snack in North India? a) Dhokla b) Vada c) Samosa	
3.	 d) Dosa What is the famous sweet made from milk and sugar, commonly served in India? a) Gulab Jamun b) Jalebi c) Laddu d) All of the above 	
4.	Which of the following foods is most commonly eaten in India for breakfast? a) Pancakes b) Cereal c) Paratha d) Pizza	
2. Fil	I in the blanks:	
2. 3.	is a type of rice dish cooked with meat or vegetables. is made with lentils and is often eaten with rice. is a famous food from Punjab made with rice and yogurt. is the sweet made from gram flour and sugar, popular in Gujarat.	

3. Match the following:



Column A	Column B
1. Lassi	A. Sweets from Punjab
2. Idli	B. Drink made from yogurt
3. Chole	C. South Indian Dish
4. Jalebi	D. Chickpeas and gravy

4. True or False:

- 1. The state of Tamil Nadu is known for its rice-based dishes. (True / False)
- 2. Samosa is stuffed with vegetables like peas and potatoes. (True / False)
- 3. Laddu is a dish made with meat. (True / False)
- 4. Kerala is known for dishes that use a lot of coconut. (True / False)

5. Short Answer Questions:

- 1. What are the two main ingredients of "Pulao"?
- 2. Name a popular snack in the state of Maharashtra.
- 3. What is "Thali" and what does it contain?
- 4. Why are spices so important in Indian cooking?

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