

Grade 4 EVS Worksheet: Food in India (Difficulty Level: Intermediate)

Name: _____

Date: _____

1. Multiple Choice Questions (MCQs):

1. Which of the following is a famous sweet from Bengal? a) Jalebi
b) Rasgulla
c) Gulab Jamun
d) Laddu
 2. Which of these dishes is commonly served with 'Sambar' in South India? a) Dosa
b) Naan
c) Paratha
d) Chapati
 3. Which of these is a traditional Indian cooking style involving cooking food in a clay oven? a) Tandoori
b) Frying
c) Baking
d) Grilling
 4. 'Lassi' is a drink made from which ingredient? a) Yogurt
b) Milk
c) Water
d) Coconut milk
-

2. Fill in the blanks:

1. _____ is a popular South Indian dish made with rice, lentils, and vegetables.
 2. The popular sweet 'Rasgulla' is made from _____.
 3. _____ is a famous dish in Gujarat made from steamed rice and lentil flour.
 4. _____ is a dessert made with deep-fried dough soaked in sugar syrup, and it is popular in many parts of India.
-

3. Match the following:

Column A	Column B
1. Biryani	A. Gujarat
2. Dosa	B. West Bengal
3. Pani Puri	C. South India
4. Ladoo	D. North India

4. True or False:

1. 'Idli' is made from rice and fermented batter. (True / False)
 2. 'Paratha' is a sweet dish made with flour and sugar. (True / False)
 3. 'Lassi' is a drink made from milk and spices. (True / False)
 4. 'Dal' is a type of lentil soup commonly eaten with rice or bread in India. (True / False)
-

5. Short Answer Questions:

1. What are the main ingredients in a traditional 'Indian Thali'?
 2. Why is rice such an important part of food in India?
 3. What is the difference between 'Roti' and 'Paratha'?
 4. How is 'Samosa' typically served and what is inside it?
-

6. Answer the following:

1. Explain the difference between 'vegetarian' and 'non-vegetarian' dishes in India.
 2. What are the key ingredients that make 'Pulao' a flavorful rice dish?
-

--BE THE CHAMPION!--