

Grade 4 EVS Worksheet: Food in India (Difficulty Level: Intermediate)

Name: _____

Date: _____

1. Multiple Choice Questions (MCQs):

1. Which of the following is NOT a common ingredient in Indian cooking? a) Turmeric
b) Ginger
c) Vanilla
d) Cumin
 2. The popular food item 'Biryani' is most commonly associated with which region of India? a) South India
b) North India
c) East India
d) West India
 3. In which Indian state is 'Appam' and 'Stew' a popular dish? a) Kerala
b) Goa
c) Punjab
d) Uttar Pradesh
 4. Which of the following is the staple food in many parts of India? a) Wheat
b) Rice
c) Barley
d) Corn
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2. Fill in the blanks:

1. _____ is a popular dish from Punjab made with a flatbread served with a spicy gravy of chickpeas.
2. _____ is a famous Indian dessert made of deep-fried dough soaked in sugar syrup.
3. The traditional Indian drink made from yogurt and spices is called _____.
4. _____ is a dish from South India made from fermented rice and lentil batter, often eaten with sambar and coconut chutney.

3. Match the following:

Column A	Column B
1. Masala Dosa	A. Gujarat
2. Dhokla	B. Punjab
3. Butter Chicken	C. South India
4. Thepla	D. North India

4. True or False:

1. Indian food is known for its use of a wide variety of spices. (True / False)
 2. 'Pulao' is a traditional Indian dessert made with rice. (True / False)
 3. The state of Rajasthan is known for its spicy and rich food. (True / False)
 4. 'Samosa' is a popular South Indian dish. (True / False)
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5. Short Answer Questions:

1. What is the main difference between 'Dal' and 'Sambar'?
 2. Name two dishes that are commonly eaten as snacks in India.
 3. How is 'Rogan Josh' different from other curry dishes in India?
 4. Why do people in India use a lot of spices in their cooking?
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6. Answer the following:

1. Describe the significance of rice in Indian cuisine.
(Write 3-4 lines about the importance of rice in India)
 2. What are some of the common food items served in a traditional 'Indian Thali'?
(Write 3-4 lines about what foods are usually found in an Indian Thali)
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--BE THE CHAMPION!--