

Grade 4 EVS Worksheet: Food in India (Difficulty Level:Advanced)

Name: _____

Date: _____

Section 1: Multiple Choice Questions (MCQs)

- 1. Which of the following is a traditional bread commonly eaten in North India?**
 - a) Dosa
 - b) Naan
 - c) Idli
 - d) Puran Poli
 - 2. What is the main ingredient used to prepare South Indian sambar?**
 - a) Rice
 - b) Lentils
 - c) Cucumber
 - d) Tomatoes
 - 3. Which of the following is a famous Indian sweet from West Bengal?**
 - a) Gulab Jamun
 - b) Laddoo
 - c) Rasgulla
 - d) Jalebi
 - 4. Which spice is commonly used in Indian cooking to give a warm, aromatic flavor?**
 - a) Chilli powder
 - b) Cumin
 - c) Salt
 - d) Pepper
 - 5. What is a 'thali' in Indian cuisine?**
 - a) A type of rice
 - b) A variety of curry
 - c) A meal served with many small dishes on one plate
 - d) A famous Indian dessert
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Section 2: Fill in the Blanks

1. The famous spicy rice dish made with meat or vegetables is called _____.
 2. South Indian food often uses a lot of _____ in its dishes.
 3. A popular Indian drink made from yogurt and mango pulp is called _____.
 4. In Indian cuisine, the process of cooking with spices and herbs is known as _____.
 5. The popular Indian sweet, _____, is fried and soaked in sugar syrup.
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Section 3: True or False

1. **Biryani is only eaten in the southern part of India.**

 2. **Rice is the main staple food in many parts of India.**

 3. **Garam masala is a type of spice mix used only in desserts.**

 4. **India produces over 60% of the world's spices.**

 5. **Dhokla is a steamed snack that is popular in Gujarat.**

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Section 4: Match the Column

Column A	Column B
1. Butter Chicken	A. West Bengal
2. Dosa	B. South India
3. Rasgulla	C. North India
4. Pav Bhaji	D. Maharashtra
5. Lassi	E. Punjab

Section 5: Short Answer Questions

1. Explain why Indian food is known for being so flavorful.
 2. What is the difference between North Indian and South Indian food? Give examples.
 3. Why are spices important in Indian cooking? Name two spices commonly used in Indian dishes.
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Section 6: Answer the Following

1. Why do you think food from different regions of India tastes so different? Give two reasons based on ingredients or cooking styles.
 2. Which Indian festival do you enjoy the most, and what special food is prepared during this festival? Describe the dish.
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--BE THE CHAMPION!--