

Grade 4 EVS Worksheet:4 (Difficulty Level: Easy)

Name: _____

Date: _____

Worksheet: Exploring the World of Cooking!

Part 1: What's Cooking?

Match the terms with their meanings:

1. Recipe → a) A tool used to cut ingredients (safely, with help).
 2. Ingredients → b) A guide that shows how to prepare a dish.
 3. Cooking → c) Turning raw food into something delicious and safe to eat.
 4. Knife → d) The things needed to make a dish.
 5. Raw Food → e) Food that hasn't been cooked yet.
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Part 2: Let's Sort It!

Write the foods in the correct columns:

Foods: Rice, Apple, Bread, Carrot, Chicken, Cucumber, Egg

**Foods to Cook Before
Eating**

Foods You Can Eat Raw

Part 3: Fun Food Riddles

Can you solve these food riddles?

1. I'm round, cheesy, and loved by many. You can top me with veggies or pepperoni. What am I?

2. I'm yellow, long, and monkeys love me. What am I?

3. You boil me in water, and I'm great with spaghetti sauce. What am I?

Part 4: Your Dream Recipe!

Create a recipe for your dream dish. Be as creative as you like!

Dish Name: _____

Ingredients:

1. _____
2. _____
3. _____

Steps to Make It:

- a) _____
- b) _____
- c) _____

Part 5: True or False?

Write T for True or F for False:

1. Recipes are like maps to make yummy food. _____
2. You can cook a sandwich in a frying pan. _____
3. Honey is a type of vegetable. _____
4. Cooking is a skill anyone can learn. _____

Part 6: Fun Science in the Kitchen!

Fill in the blanks:

1. Popcorn pops because _____ inside the kernel turns into steam.
2. Eggs turn solid when cooked because _____ change shape.
3. Bread rises because _____ makes tiny bubbles in the dough.

Part 7: Cooking and Art!

Draw your favorite meal below. Add fun toppings or decorations to make it unique!

 **Draw Here:**

[Big empty box for drawing]

Name of Your Meal: _____

Part 8: Cooking Adventure Q&A

1. What is one thing you've learned about cooking?

2. What's your favorite snack or dish?

3. If you could cook for anyone in the world, who would it be?

Bonus Challenge!

Imagine you are on a cooking show! Write a fun sentence about the dish you would make:

"My name is _____, and I'm making _____!"

Well done, budding chef! Keep exploring and enjoy your cooking adventures! 

-Be Champion-