

Grade 4 EVS Worksheet:1 (Difficulty Level: Intermediate)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Use the words in the box below to fill in the blanks:

(plate, compost, fridge, waste, planet)

1. When we throw away food, it creates food _____.
 2. Food scraps can be turned into healthy soil using _____.
 3. To keep food fresh, store it in the _____.
 4. Always finish what is on your _____ to avoid wasting food.
 5. Wasting food harms the _____ by creating garbage and using too many resources.
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Part 2: Multiple Choice

Circle the correct answer:

1. What is the best way to prevent food waste?
 - a) Throw leftovers in the trash
 - b) Store food properly in containers
 - c) Buy extra food even if you don't need it
2. What can you do with leftovers?
 - a) Save them for the next meal
 - b) Throw them away
 - c) Leave them on the table
3. Why is food waste harmful?
 - a) It smells bad

- b) It wastes resources like water and energy
- c) It doesn't harm anything

4. Which of these is a good habit?
- a) Composting food scraps
 - b) Taking more food than you can eat
 - c) Throwing away food after every meal
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Part 3: Think and Write

Answer the questions below in one or two sentences:

1. What happens to the environment when we waste food?

2. Write one way you and your family can reduce food waste.

3. Why is sharing extra food a good idea?

Part 4: Fun Drawing Activity

Draw and Decorate:

Draw a picture of a happy meal with no food left on the plate. Label things like "Clean Plate Club," "No Waste," or "Stored Leftovers." Add colors and make it fun!

Part 5: True or False

Write **True** or **False** for the following statements:

- 1. Planning meals helps reduce food waste.
- 2. Throwing food away is the best way to clean up after meals.
- 3. Composting turns food waste into something useful.

4. Food waste is good for the environment.
 5. Sharing food is a kind way to prevent waste.
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Part 6: Solve the Word Puzzle

Find the words in the puzzle below:

Words to Find:

- Compost
- Share
- Fridge
- Plate
- Waste

Grid:

COMPOSTFR
PLATEWAST
SHAREFRID
GEFRESHCT

Part 7: Write Your Promise

Complete the sentence:

"I promise to waste less food by _____."

Let me know if you'd like more fun activities added! 😊

—BE CHAMPION—