

## Grade 4 EVS Worksheet:2 (Difficulty Level: Easy)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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### Part 1: Fill in the Blanks

1. Throwing away good food is called food \_\_\_\_\_.
  2. To avoid wasting food, only take as much as you can \_\_\_\_\_.
  3. Food waste harms the \_\_\_\_\_ by creating garbage.
  4. Store food in the \_\_\_\_\_ to keep it fresh.
  5. Save your \_\_\_\_\_ instead of throwing them away.
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### Part 2: Match the Actions

Write the correct number from the first list next to what it helps you do:

1. Eat all the food on your plate
  2. Use leftovers creatively
  3. Share extra food with others
  4. Buy only what you need
  - Saves money: \_\_\_\_\_
  - Reduces food waste: \_\_\_\_\_
  - Feeds the hungry: \_\_\_\_\_
  - Keeps food from spoiling: \_\_\_\_\_
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### Part 3: True or False

Write **True** or **False** for each statement:

1. It's okay to waste food if you're full.
  2. Planning meals helps reduce food waste.
  3. Composting turns food waste into useful soil.
  4. Wasting food doesn't affect the environment.
  5. Sharing extra food can help people in need.
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#### Part 4: Draw and Label

Draw a plate of food. Write down how you can avoid wasting that food. For example, “Eat everything,” or “Save leftovers for later.”

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#### Part 5: Solve the Riddle

I am food you don't eat. I fill up trash cans and stink. What am I?

**Answer:** \_\_\_\_\_

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#### Part 6: Circle the Good Habits

Circle the habits that help reduce food waste:

- Throwing away leftovers
  - Storing food in the fridge
  - Taking too much food at meals
  - Sharing extra food with someone
  - Eating everything on your plate
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#### Part 7: Word Search Challenge

Find these words hidden in the grid below:

**Words to Find:**

- Food
- Waste
- Share
- Leftovers
- Fridge

**Word Grid:**

FOODWASTE  
LEFTOVERS  
SHAREFRIDGE

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### Part 8: My Promise

Write one thing you will do to reduce food waste:

"I promise to waste less food by \_\_\_\_\_."

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Let me know if you'd like any more activities or edits! 😊

**—BE CHAMPION—**