

Grade 4 EVS Worksheet:3 (Difficulty Level: Easy) Name: _____ Date: Part 1: Fill in the Blanks Complete the sentences by filling in the missing words: 1. Throwing away food that could still be eaten is called food . . 2. To waste less food, take only what you can _____. 3. When food goes to waste, it harms the _____ by creating too much trash. 4. You can keep food fresh by storing it in the _____. 5. Always save and eat your _____ instead of tossing them. Part 2: Match the Actions Match the action to its result by writing the correct letter: Eat all the food on your plate • Use leftover food in new recipes • Share extra food with neighbors or friends Buy only what you need a. Saves money b. Helps reduce waste

Part 3: True or False

c. Feeds someone else

d. Prevents food from spoiling

Write **True** or **False** next to each sentence:

- 1. Planning your meals can help reduce food waste.
- 2. It's okay to throw away food if you don't like it.
- 3. Composting is a good way to use food scraps.
- 4. Wasting food is bad for the environment.



5.	Storing	food	properly	v can	help	prevent	spoilage.	

Part 4: Fun Drawing

Draw a picture of your favorite meal. Write one sentence about how you would make sure no food from that meal gets wasted.

Part 5: Solve the Riddle

Here's a fun riddle to solve:

I am food you don't eat and throw away. I sit in trash bins and make them smell. What am I?

Answer:		

Part 6: Circle the Right Choices

Circle the good habits from the list below:

- Eat everything on your plate
- Throw leftovers in the trash
- Share extra food with someone who needs it
- Keep food in the fridge to make it last longer
- Buy more food than you can finish

Part 7: Word Search Puzzle

Find these words hidden in the grid below:

Words to Find:

- Food
- Waste
- Leftovers
- Share
- Fridge



Grid: FOODWASTE

FOODWASIE					
LEFTOVERS					
SHAREFRIDGE					
Part 8: My Food Waste Promise					
Write your promise about how you will help reduce food waste:					
"I will waste less food by"					
Hope this version works! Let me know if you'd like any tweaks.					
—BE CHAMPION—					