

Grade 4 EVS Worksheet:3 (Difficulty Level:Intermediate)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Use the correct words to complete the sentences: (**trash, meals, compost, leftovers, harm**)

1. Wasting food can _____ the environment and create too much garbage.
 2. We should plan our _____ to buy only the food we need.
 3. Don't throw _____ in the trash; save them for another meal!
 4. Food waste ends up in the _____ and makes the planet dirty.
 5. Turn food scraps into _____ to help plants grow.
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Part 2: Multiple Choice

Choose the best answer for each question:

1. What should you do with food you can't finish?
 - a) Throw it away
 - b) Save it for the next meal
 - c) Leave it on the table
2. How can composting help the environment?
 - a) It reduces the amount of waste in landfills
 - b) It creates more garbage
 - c) It wastes resources
3. What is the first step to avoiding food waste?
 - a) Take more food than you can eat
 - b) Plan your meals carefully
 - c) Leave leftovers on your plate

4. Which of these is an example of wasting food?
 - a) Eating everything on your plate
 - b) Storing food properly
 - c) Throwing good food in the trash
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Part 3: True or False

Write **True** or **False** next to each statement:

1. Composting is a good way to use food scraps.
 2. Wasting food has no effect on the planet.
 3. Sharing food with others helps reduce waste.
 4. Buying more food than you need reduces waste.
 5. Leftovers should always be thrown away.
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Part 4: Think and Write

Answer the following questions in a sentence or two:

1. Why is wasting food bad for the environment?

 2. What are two ways to reduce food waste at home?

 3. How can you use leftovers in a smart way?

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Part 5: Fun Drawing Activity

Draw and Imagine:

Draw a picture of a “zero-waste kitchen.” Label things like a fridge storing food, a compost bin, and clean plates. Make it colorful!

Part 6: Riddle Time

Solve this riddle:

I am food you didn't eat, but you saved me for later. Who am I?

Answer: _____

Part 7: Word Search Puzzle

Find the following words hidden in the grid below:

Words to Find:

- Food
- Waste
- Compost
- Share
- Fridge

Grid:

FOODWASTE
LEFTOVERS
COMPOSTFR
SHAREFRID

Part 8: My Promise

Complete the sentence below:

"I promise to waste less food by _____."

Let me know if you'd like even more fun ideas or tweaks! 😊

—BE CHAMPION—