

## Grade 4 EVS Worksheet:4 (Difficulty Level: Easy)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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### Part 1: Fill in the Blanks

1. When food is thrown away instead of being eaten, it is called \_\_\_\_\_.
  2. Food waste is harmful because it creates more \_\_\_\_\_ in the environment.
  3. To avoid wasting food, store it in the \_\_\_\_\_.
  4. Plan your \_\_\_\_\_ to buy only what you need.
  5. Always finish what is on your \_\_\_\_\_ to avoid waste.
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### Part 2: Match the Actions to Their Results

Match the number with the letter:

1. Plan your meals carefully
  2. Eat leftovers instead of throwing them away
  3. Share food you can't finish
  4. Compost food scraps
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- a. Reduces waste
  - b. Helps others who are hungry
  - c. Prevents buying too much food
  - d. Turns waste into healthy soil
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### Part 3: True or False

Write **True** or **False**:

1. Wasting food can harm the planet.
2. It's better to throw away food than to save it for later.
3. Leftovers can be used to make another meal.
4. Buying extra food that you don't need prevents waste.
5. Composting is a great way to use up food scraps.

#### **Part 4: Draw and Think**

Draw a picture of a happy kitchen where no food is wasted. Label things like a fridge for leftovers, a compost bin, and a clean plate with no leftover food.

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#### **Part 5: Solve the Puzzle**

Here's a fun question for you to solve:

**I am food that is not eaten and thrown away. I make trash bins full and smelly.**

**Who am I?**

Answer: \_\_\_\_\_

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#### **Part 6: Circle the Good Habits**

Read these habits and circle the ones that help reduce food waste:

- Finish all the food on your plate
  - Throw leftovers in the trash
  - Share extra food with your family
  - Store food in the fridge to keep it fresh
  - Take more food than you can eat
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#### **Part 7: Word Search Challenge**

Find these words hidden in the grid:

**Words to Find:**

- Food
- Waste
- Compost
- Share
- Fresh

Grid:

F O O D W A S T E

COMPOSTER  
SHAREFRESH

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**Part 8: Write Your Pledge**

Write a sentence about how you will waste less food:

"I will help the planet by wasting less food. I will \_\_\_\_\_."

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Let me know if you'd like even more ideas or changes! 😊

**—BE CHAMPION—**