

Grade 4 EVS Worksheet:4 (Difficulty Level:Intermediate)

Name: _____

Date: _____

Part 1: Fill in the Blanks

Use the words in the box to fill in the blanks: (waste, fridge, share, compost, planet)

- 1. Wasting food harms the ______ because it creates garbage and pollution.
- 2. Always store leftover food in the _____ to keep it fresh.
- 3. Instead of throwing away food, you can ______ it with someone in need.
- 4. Turn food scraps into healthy soil using _____.
- 5. Food ______ wastes water, energy, and resources used to grow and transport it.

Part 2: Multiple Choice

Circle the correct answer:

- 1. What happens when we waste food?
 - a) It harms the environment
 - b) It helps the environment
 - c) It doesn't affect anything
- 2. What should you do with food scraps?
 - a) Compost them
 - b) Throw them in the trash
 - c) Leave them on the floor
- 3. What is a good habit to avoid food waste?
 - a) Take only the food you can finish
 - b) Throw away leftovers after every meal
 - c) Buy extra food that you don't need



- 4. Why should you plan your meals carefully?
 - a) To save time and avoid wasting food
 - b) To throw away more food
 - c) To buy as much food as possible

Part 3: True or False

Write **True** or **False** next to each statement:

- 1. Food waste is good for the environment.
- 2. You can save leftovers and eat them later.
- 3. Composting is a smart way to reduce food waste.
- 4. Throwing away good food helps hungry people.
- 5. Sharing extra food can help reduce waste.

Part 4: Short Answers

Answer the following questions in your own words:

- 1. What happens to food when it gets wasted?
- 2. Write two things you can do to avoid wasting food at home.
- 3. How can sharing food help reduce waste?

Part 5: Fun Drawing Activity

Draw and Label:

Draw a picture of what happens when we save leftovers. Show a fridge storing food, a meal made from leftovers, or a compost bin. Add fun labels like "Fresh Food" or "No Waste Zone."

Part 6: Riddle Time



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Here's a riddle for you to solve: I am food you saved from the trash. You can eat me later or turn me into something new. What am I?

Answer:

Part 7: Word Search Puzzle

Find these words in the grid:

Words to Find:

- Waste
- Food
- Fridge
- Share
- Compost

Grid: WASTEFRID LEFTOVERS COMPOSTSH SHAREFOOD

Part 8: Make Your Promise

Write down one thing you will do to reduce food waste:

"I promise to waste less food by _____

Let me know if you'd like more ideas or changes! 😊

-BE CHAMPION-